

Dear Dr. Zase,

I am extremely happy with my smile thanks to Dr. Zase and staff at Colchester Dental Group. I will attempt to shorten a long story about how I decided to undergo a smile makeover.

I had severe bruxism which led to deep dark yellow-brown lesions along my gumline with severely worn and chipped teeth. I started to notice these in my 30's. It was very frustrating to see this because I had always taken excellent care of my teeth and faithfully went to the dentist and hygienist on schedule.

I had bonding done to cover the lesions in my 30s and 40's; however, these temporary fixes were just that, temporary. Over the years, I discussed this issue at length with Dr. Zase and his recommendation was that I consider porcelain veneers. I put this off for a long time due to various life circumstances but finally was in a position to move forward with this in 2019.

I did my research, and I trusted Dr. Zase to be my dentist because of his reputation as a very skilled dentist with incredible credentials.

By the time I was ready to have this work done, I had become practiced at smiling with my mouth closed and being careful not to show too much of my teeth when speaking. It was just plain embarrassing. I was not as expressive as I wanted to be and so much of communication and perceptions of people is based on body language and first impressions. I used to feel like I had to continually mask a defect or wonder while I am talking with someone if they are thinking "Oh, my! What happened to her teeth?"

Now that I have a beautiful new smile, I can freely express myself by smiling and be generally more engaged while communicating with people face to face. It has made a huge difference in my personal and professional life.

It was a long process and not inexpensive but it was 100% worth it. My teeth are beautiful, I smile all the time and as an added bonus, I have much less tooth sensitivity! Dr. Zase and Stephanie made the process as comfortable and smooth as possible. They are skilled, compassionate, attentive to every detail and in my opinion, true artists. The entire staff has been helpful and professional and I am so glad I chose this practice so long ago.

Thank you Dr. Zase and Colchester Dental Group!

Sincerely,
Michelle M. Glidden

(you may show before & after pics if you'd like. I do not mind)

